Keep track of your child's measurements to make sure they stay healthy

Your child's name: _____

What date did your child begin their Xenidate XL® (methylphenidate hydrochloride) treatment? _____

Your child's measurements before their first Xenidate XL® dose:

Date	Age y/m	Height (cm)	Weight (kg)	Blood Pressure	Pulse	Appetite Score 0-5 (0=none; 5=big)
				/		

Record your child's measurements at least every 6 months:

Date	Age y/m	Height (cm)	Weight (kg)	Blood Pressure	Pulse	Appetite Score 0-5 (0=none; 5=big)
				/		
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If you get any side effects or have a device failure, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. Please report side effects or device failures with any medicine or vaccine to the medicines regulator MHRA through the Yellow Card Scheme. It is easiest and quickest to report side effects and device failures online via the Yellow Card website: https://yellowcard.mhra.gov.uk/ or search for MHRA Yellow Card in the Google Play or Apple App Store. Alternatively, prepaid Yellow Cards for reporting are available by writing to FREEPOST YELLOW CARD (no other address details necessary), by emailing yellowcard@mhra.gov.uk, by telephoning the Commission on Human Medicines (CHM) free phone line: 0800-731-6789, or by downloading and printing a form from the Yellow Card section of the MHRA website. You can also report side effects and device failures direct to the marketing authorisation holder at pv.uk@viatris.com.

Provided as a service to patient education by Viatris. For patients prescribed Xenidate XL®.
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